














WEEK 1 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO *options*

	STREET	SPICE IS NICE
MON	Korean Glazed Quorn Flatbread  Served with Satay Sweetcorn	Catalan Spiced Bean and Potato Stew   Served with Herb Dumpling and Spiced Cauliflower
	BURGER BAR	BURGER BAR
TUE	Beef Burger  Served with Baked Garlic and Herb Wedges and Corn on the Cob	Veggie Burger  Served with Baked Garlic and Herb Wedges and Corn on the Cob
	CLASSICS	CLASSICS
WED	Roast Chicken and Stuffing Baguette  Served with Roast Potatoes and Roasted Autumn Vegetables	Macaroni Cheese 
	STREET	SPICE IS NICE
THUR	Chicken Katsu   Served with Wholegrain Rice	Chicken Tikka Masala    Served with Wholegrain Rice and Spiced Cauliflower
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
FRI	Battered Fish Served with Chips, Baked Beans and Peas	Quorn Sausage Roll  Served with Chips, Baked Beans and Peas





HOT DISHES:

Paninis
Pasta and Sauces
Freshly Baked Pizza
Soup and Bread
Jacket Potato and Toppings

SALADS:

Tuna and Sweetcorn Pasta Salad 
Pesto Pasta Salad   
Roasted Indian Chickpea Salad  

SANDWICHES/BAGUETTES:

Cheese Ploughmans 
Chicken Salad Sandwich 
Cheese Baguette 
Tuna Mayo Baguette
CLT Baguette 

WRAPS:

Pepper and Houmous Wrap   
BBQ Chicken Wrap   
Chicken Cesar Wrap   