
























WEEK 2 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
MON	SPICE IS NICE CHICKEN TIKKA RICE BOX 	SPICE IS NICE SPINACH AND CHICKPEA DAHL   Served with Yellow Rice	HOT DISHES: Paninis Pasta and Sauces Freshly Baked Pizza Jacket Potato and Toppings
TUE	TEX MEX MEXICAN BEEF ENCHILADA  Served with Baked Garlic and Herb Wedges and Tex Mex Vegetables	TEX MEX VEGETABLE FAJITA   Served with Baked Garlic and Herb Wedges and Tex Mex Vegetables	SALADS: Tuna and Sweetcorn Pasta Salad  Roasted Indian Chickpea Salad  
WED	HOT DELI BEEF BARBACOA ENCHILADA 	HOT DELI PERSIAN VEGETABLE PITTA  	SANDWICHES/BAGUETTES: Egg Salad Sandwich  Chicken Salad Sandwich  Cheese and Pickle Baguette  Tuna Mayo Baguette CLT Baguette 
THURS	PAN-ASIAN CHICKEN KOTTU ROTI BOX  	PAN-ASIAN SOYA YAKISOBA  	
FRI	FRIDAY FAVOURITES BATTERED FISH with Chips, Baked Beans and Peas	FRIDAY FAVOURITES CHEESE AND ONION SLICE  Served with Chips, Baked Beans and Peas	WRAPS: Pepper and Houmous Wrap  BBQ Chicken Wrap  Chicken Tikka Wrap 